

# Junior Yearly Meeting 2024

Held at Friends House, London, 26-30 July 2024



## JYM 2024 Minute 1: How can we nurture love in our actions?

We have considered this theme to find out what love means to us and how we can demonstrate it. The question of how to bridge between the feeling and the enactment of love brought us to the thought that love begins with oneself.

To release our love into the world we must first fill the jug from which we pour: love and care for ourselves fundamentally enables us to love others. From a position of self-acceptance, we find the capacity to connect with the light in others. This returns us to our innately loving state. Such relationships are the birthplace of universal compassion.

As a JYM community we found belonging, connection and an environment in which vulnerability allowed us to share truth. We experienced an abundance of love, propelling a desire to love in the face of injustice. To love, love and keep on loving.

Over the course of the event, we have held in our minds those experiencing hate and wish for a peaceful world with the belonging we have felt here. We believe love is an action. Ultimately, this gives us our instruction: to nurture love and find that of god within us all.

*Signed,*

*Rosa Keene      Seren Melling*

*On behalf of Junior Yearly Meeting 2024 Arrangements Committee*