



Spring Courses

Oneness in our separate experience

Friday 22 – Sunday 24 March

Oneness is the spiritual essence of our lives. Can we experience Oneness? Or does Oneness experience through us? Is there a difference? Whatever way we look at it, we are - quite simply and wonderfully - Life happening. This retreat offers opportunities to come closer to yourself, to direct experiential engagement with what it means to be here and now- alive and living as Life Itself. We explore through silence, conversation, meditation, movement, dance and yoga.

Tutor: Nathan Godolphin

£245 ensuite | £170 non-residential

Writing Retreat

Sunday 07 April – Friday 12 April

Set in the beautiful and quiet surroundings of Swarthmoor Hall, this retreat is open to anyone looking for space and time for writing, whether starting a new project, or to take forward or finish off a current piece. There will be the opportunity to hear from the tutors about their experience of writing and one to one time with them but the emphasis will be on creating a supportive environment to devote to the craft itself.

Tutors: Ben Pink Dandelion and John Gray.

£545 ensuite | £380 non-residential

The Inner Light: an exploration of eastern spiritual poetry

Friday 10 May – Sunday 12 May

The weekend will include a wide ranging survey of the ways in which Far and Middle Eastern scriptures and poetry have explored and expressed the nature and consequences of spiritual aspiration. We shall consider the thought and style of texts from pre-history to the Middle Ages, including Lao Tzu, Indian scriptures, Rumi and Hafiz, focussing on their evocation of the difficulties and rewards of spiritual work, and how their insights may assist our own understanding and development. All texts will be studied in translation.

Tutor: Peter Brennan

£245 ensuite | £170 non-residential

Events

Swarthmoor Hall Artists Winter Exhibition

Thursday 7 February – Sunday 10 March

This winter Swarthmoor Hall is hosting an exhibition of works by three Swarthmoor Hall artists – Clare Dent, Sophie McKenna and Tam Taylor, in the intimate setting of The Barn Café and the Friendship Room. Entry free of charge.

An Open Call for Artists

Deadline: 6th April 2019

Swarthmoor Hall in collaboration with Quaker Arts Network would like to invite Quaker artists to submit proposals for our new exhibition “Seeking Routes” opening in July 2019. The exhibition aims to display art which explores and interprets Quaker experience and action in building a more sustainable Earth. We welcome works in any media, including spoken word, performance, video and music. We will be running a series of events alongside the exhibition to incorporate performance art. Please send your submissions to our curator Sally Oliver: seekingroutes@gmail.com. A selection committee will review all submissions in April 2019. For more information please go to www.quakerarts.net/documents

Spring Bulbs at Swarthmoor Hall, National Gardens Scheme Open Days

Monday 18 February – Sunday 10 March

See our beautiful crocus meadow and bulb displays in the early spring. Combine your visit with a tour of the historic rooms of the Hall and stay for a cup of tea and slice of cake in our cosy café.

Entry: £2.00 per person

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