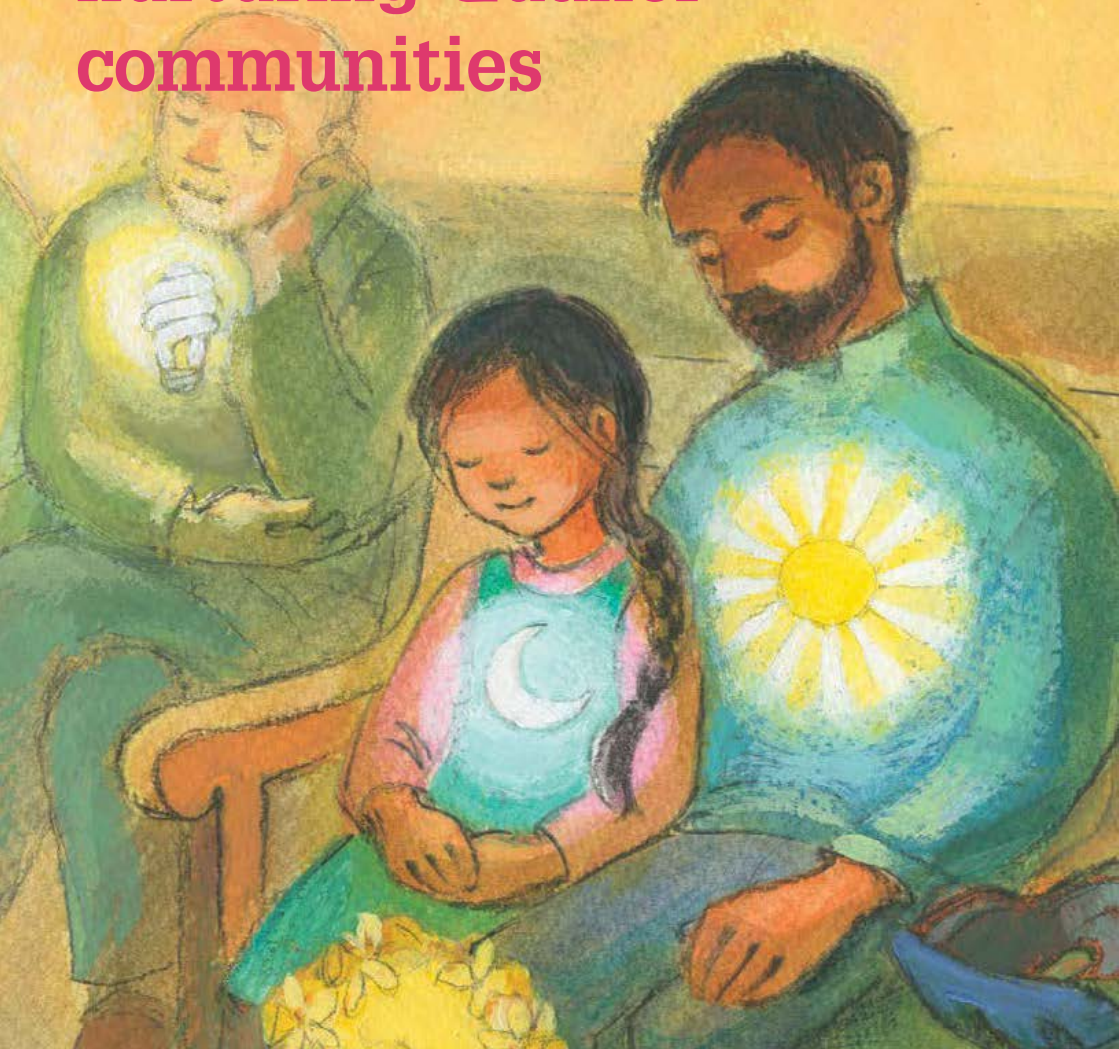


Discovering, growing and nurturing Quaker communities



A Quaker Life catalogue of resources for meetings

Ministry & Outreach and
Children & Young People's work



Guide to catalogue icons

What is it?



Leaflet



Booklet



Book



Resource pack/materials



Web/digital resource

Who is it for?



Children



Young people



Adults



Adults working with children



Adults working with young people



All ages

Where to get it?

CYP

Children & Young People's work team

cypadmin@quaker.org.uk or 020 7663 1013

MO

Ministry & Outreach team

qladmin@quaker.org.uk or 020 7663 1143

QC

Quaker Centre

quakercentre@quaker.org.uk or 020 7663 1030

For more copies or a large-print edition of this booklet email outreach@quaker.org.uk or call 020 7663 1017 with your name, address and quantity required.

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Introduction



One of Britain Yearly Meeting's core priorities is to nurture and grow thriving Quaker communities – communities that are loving, lively and welcoming, rooted in worship, active in the world and open to all. It's quite an aspiration! There are joys and possibilities, but challenges too.

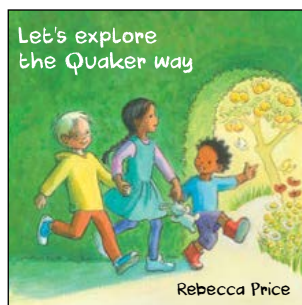
This catalogue details a range of resources, ideas, publications and people to help build thriving, intergenerational Quaker communities. There are resources here to help nurture, deepen, nourish and grow our communities and to help us to be visible, connected and engaged with our localities. There are leaflets, booklets, posters, toolkits, and hands-on guidance and advice.

Quaker Life staff are always happy to work with you – details of how to contact us are on the opposite page.

Contents

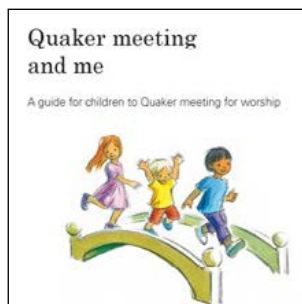
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Discovering Quakers



Let's explore the Quaker way

A beautiful booklet that explores Quaker values of truth, peace, simplicity and equality. With its detailed illustrations, it's intended as a starting point for conversations with children – the first steps in growing our readiness for the challenges of everyday life. It can be used in meetings, schools or shared with others who want to find out more about Quaker faith and practice.



Quaker meeting and me

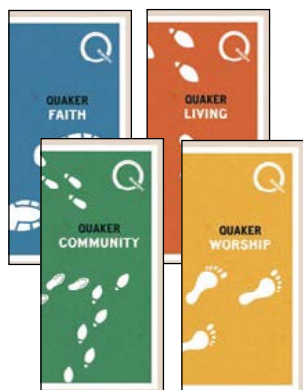
This is a delightful and profound booklet to help young children find a way into Quaker meeting for worship. It can be used as a starting point for conversations between children and adults, as well as a focus to help children settle and centre themselves during meeting for worship.





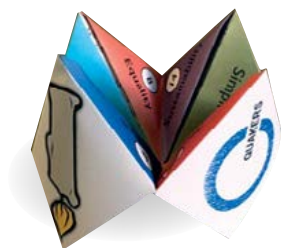
Concertina leaflets (four kinds)

These accessibly written leaflets, featuring attractive images, are introductions to four contrasting areas of Quaker activity: Quakers (available in Welsh and English), worship, young people, and Quaker Peace & Social Witness.



Quaker journeys

These leaflets are most helpful for those new to Quakers, and can be given out at outreach or other events. They explore Quaker worship, faith, living, and community through the stories and experiences of four Friends. The leaflets link to four short animated films, which tell the stories of these Friends. The films can be found at www.quaker.org.uk/quakerjourneys.

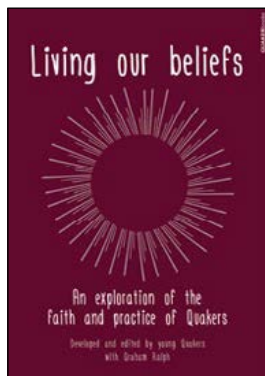


Chatterbox

This engaging and inventive resource takes the form of the popular 'chatterbox' game. It is something children can use to think about their Quaker faith and how they share it with others. It is also ideal for anyone visiting schools or other groups of children. It includes words from Quaker children expressing what is important to them.



Discovering Quakers

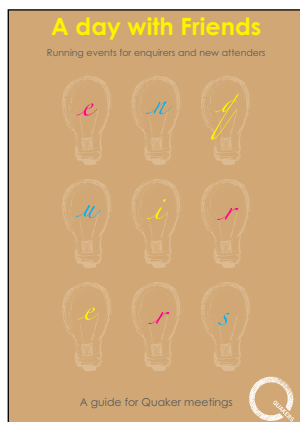


Living our beliefs

A short book about Quakers and how they worship and live out their faith. It was compiled and edited in partnership with young Quakers in Britain.



CYP
QC



A day with Friends

This resource is for Quaker meetings interested in running events for enquirers and new attenders. It offers a simple framework for what the day might include, ideas for sessions and guidance on how to use the space you have. It will help meetings run open and creative enquirers' events, where everyone can share their stories and insights and explore the riches of the Quaker way together.



QC



Becoming Friends: Living and learning with Quakers

This innovative learning course from Woodbrooke and Quaker Life aims to nurture and support those who are new to Friends and want to know more. It provides a flexible, interactive course and a range of ways for Quaker meetings to support newcomers as they learn.



QC



Quakers: a guide for young people

This leaflet offers young people a brief introduction to Quakerism. It sets out some of the different aspects of being a Quaker and is suitable for sharing with young people.



CYP
QC



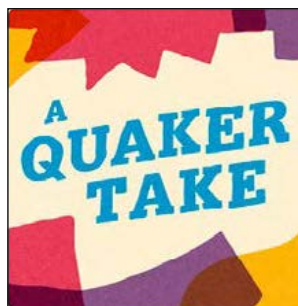
Blogs and podcasts

Britain Yearly Meeting's blogs and podcasts cover a range of topics, including all-age community, social justice, peacebuilding, worship, and Quaker history.



QC

The blog posts are informative and reflective and offer a helpful insight into Quaker worship, witness and community. They are an ideal way for seekers to discover more: www.quaker.org.uk/blog.



A Quaker take is the Britain Yearly Meeting podcast featuring people talking about ideas, faith and activism. The podcast explores Quaker responses to a range of issues in Britain and beyond: www.quaker.org.uk/podcast.

Nurturing our community



Eldership and oversight

Quaker Life offers guidance and support to Quaker communities on all aspects of eldership and oversight. Visit the website, www.quaker.org.uk/pastoralcare, for resources and Quaker tools to help when there is conflict or other issues that may require a specific Quaker response. Seek support from our staff team for using tools such as clearness and threshing meetings and guidance on confidentiality. Call 020 7663 1007 for further information and advice.



Ways to connect

A set of leaflets exploring the relationship between local meetings and young Friends. They offer some approaches and Quaker practices that might be helpful for creating connections between young people, adults and Quakerism.





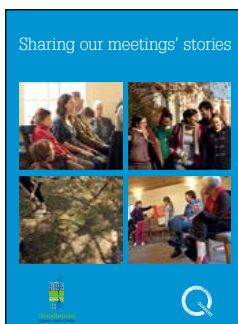
Living as a Quaker

A six-session programme providing facilitation materials to help young people explore Quaker identity, beliefs, values, and social interactions.



Sharing our journeys

This pack contains a variety of activities to enable young Quakers and adult Friends to explore their spirituality in a Quaker context. It provides opportunities to share spiritual journeys and to think about (and articulate) beliefs and values.



Sharing meetings' stories

This report captures the stories of a range of meetings across Britain, offering a snapshot of the life of meetings today. It names some of the struggles and challenges meetings face and points to some of the practices that can help strengthen our life together.



Mental health in our meetings

There are resources and guidance being developed by Quaker Life to support Quaker communities where Friends are living with mental health problems or distress. Find out more about this work and the resources available by visiting www.quaker.org.uk/mentalhealth.

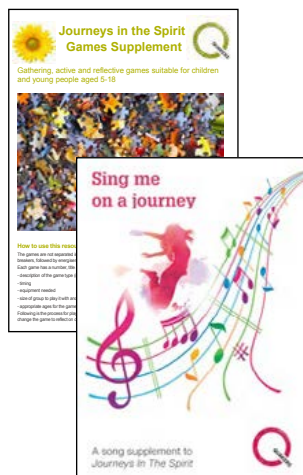


Nurturing our community



Journeys in the Spirit (children's work edition)

This free monthly resource is for adults who work with children. The children's work edition provides materials for adults working with children aged 5 to 12 in a Quaker setting. It can help with Quaker meetings, all-age events, residential gatherings, and camps. The resource offers activities and ideas that will stimulate children and the adults working with them. Six times a year it uses specific themes, with the remaining six offering something more seasonal or topical.



Journeys in the Spirit (youth work edition)

This free annual resource provides adults working with young people a range of ideas to use with 12- to 18-year-olds in a Quaker context. Each issue explores a theme, with associated activities, in an A4 magazine format. The activities are written and presented to fit the structure of a variety of youth events and activities. From link groups and weekends to week-long residential events or Sunday morning youth activities, each issue is packed with ideas for exploring a theme in a range of ways.



Games and songs supplements

Two magazines describing games and songs for gathering, being active and reflecting. Suitable for all ages.





Journeys in the Spirit (ages 0 to 4)

This is a simple guide to being with children aged 0 to 4 years in a Quaker setting. It offers ideas, resources and frameworks to encourage and equip adults who work alongside this age group.



Godly Play

Godly Play helps children and adults explore their faith through story, and enhances their spiritual experience through wonder and play. Workshops are offered for Friends interested in storytelling based on the Godly Play method. There is also a library of biblical and Quaker stories at Friends House, which is available to people who have attended a workshop. Find details of the workshop and available resources at www.quaker.org.uk/using-godly-play. For more on Godly Play go to www.godlyplay.org.



Philosophy for communities (P4C)

P4C is a way of creating a 'community of enquiry' to think and reason together. It provides a group with a structure to participate in rigorous discussion about questions that matter. Equality, integrity and authenticity are core to the method. Workshops are offered for meetings that are interested in this method: www.quaker.org.uk/workshops. For more about P4C go to www.sapere.org.uk.

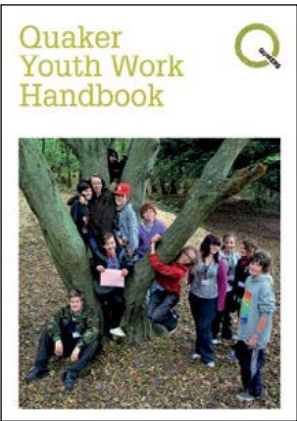


Growing our community



All are welcome

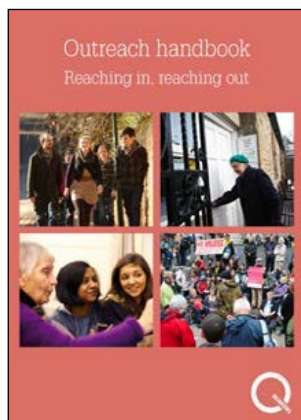
This booklet contains thoughtful, imaginative and sometimes challenging advices and queries for Friends with responsibility for eldership and oversight. It will help them grow, deepen and nourish a truly all-age Quaker community.



Quaker youth work handbook and leaflet

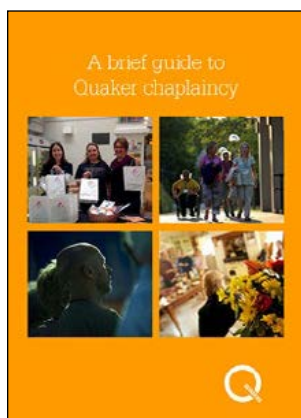
This resource explains the basics and purpose of Quaker work with young people. The handbook is for those involved in or setting up Quaker youth work, including meetings, residentials and activities. It will help with planning events and carries examples of best practice.





Outreach handbook

This handbook contains ideas, stories, insights and experiences of how to engage imaginatively in outreach and become open, welcoming communities. You can download the handbook at www.quaker.org.uk/documents/outreach-handbook-reaching-in-reaching-out.



Chaplaincy

We offer advice and support to chaplains working in a variety of settings. Quaker Life supports and seeks to strengthen Quaker chaplaincy by providing information, training, conferences, and opportunities for development and networking. We work closely together with Woodbrooke on the Exploring Quaker Chaplaincy online course. Our publication A brief guide to Quaker chaplaincy and the Quaker prison chaplains new handbook are freely available on the website, www.quaker.org.uk/chaplains.

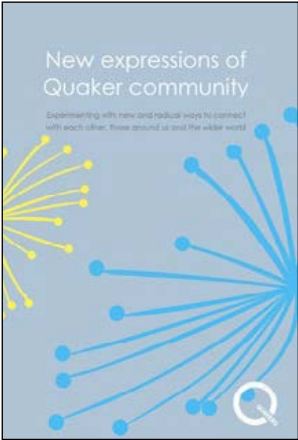


Linking with our localities

Stories and ideas for meetings to engage with children and families in their localities.



Growing our community



New expressions

This resource is ideal for meetings interested in being a more creative and innovative community, open to exploring. It contains plans and suggestions for three sessions that will help meetings explore new ways of being a Quaker community. It also suggests some fresh ways of engaging with local communities outside their meeting house.



Being ready for children

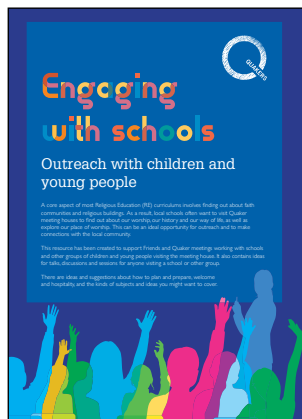
This is a guide for Quaker meetings where, as yet, there is no children's meeting for worship. It explores four questions: Why be ready?; What does a meeting need to do to be ready?; What does a meeting need to have to be ready?; What might you do to engage with families and children?



Spring into worship

This resource offers simple guidance on how to go about organising all-age worship. It includes four tried-and-tested plans for all-age worship and other ideas for creative activities.





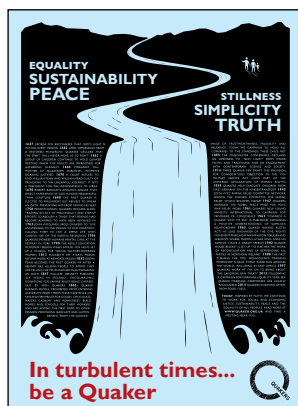
Engaging with schools

This booklet supports Friends and Quaker meetings working with schools and other groups of children and young people visiting the meeting house. It offers ideas for talks, discussions and sessions for anyone visiting a school or other group.



Be the change

This leaflet explores some of the issues Quakers campaign on and why they are important. It can be used as an outreach resource as well as offering encouragement for young Quakers to take action.



Posters

This selection of posters can be used for events and can be displayed inside and outside the meeting house. The posters feature a range of styles, and each points to a particular aspect of Quaker faith, witness and community. A selection of posters are available to order, and the full range can be downloaded at www.quaker.org.uk/free-resources.



What else?



Local development workers

Local development workers (LDWs) are placed in different parts of Britain to work alongside local Quaker communities to enable them to thrive.

Meetings with an LDW can contact them about anything to do with being a Quaker; whether for yourself or on behalf of any Quaker community, meeting, committee, group, or initiative. They are there to become known and trusted in their localities, and be the first point of contact. They will be able to respond flexibly to the local needs and circumstances. Local development support includes a mixture of spiritual, practical, and pastoral and facilitation approaches. They also offer opportunities for community development and learning, either provided directly by LDWs or by others.

Our aim is to have an LDW within reach of every Quaker meeting in Britain by 2025.



Patterns and examples roles gatherings

Patterns and examples days are gatherings for all adult role-holders, and children and young people aged 6 to 18. Each one will be an opportunity to meet Friends, make friends, share ideas and worries, develop your skills and build our Quaker communities. Find out more at www.quaker.org.uk/roleholders.



MO

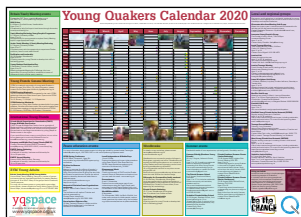


CYP workshops

Meetings can request a workshop on one of a variety of topics relating to all-age community and working with children and young people in a Quaker context. Some of the options are for all ages together, while others are for role-holders in the meeting or those working with the children. Two facilitators are provided to run the workshop, which is tailored to meet the needs of the meeting and promoted to encourage a rich experience for all who participate.



CYP



Young Quaker calendar

A calendar providing information about, and contacts for, national, regional and local events for young people. Get in touch to request free copies or view it online at www.yqspace.org.uk/find-event.



CYP

What else?



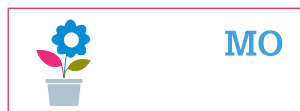
Finding out about Quakers weekends

Quaker Quest runs events each spring and autumn for those wanting to find out more about Quakers. Some are for those new to Quakers, others are for those considering membership or deeper involvement. These reflective, informative, guided weekends take place at Charney Manor in Oxfordshire and Swarthmoor Hall in Cumbria and are led by experienced facilitators from the Quaker Quest team. For more information visit www.findingoutaboutquakers.weebly.com.



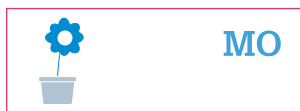
Young Adults

Quaker Life runs events and activities for young adults aged 18-35. We link with other parts of the Quaker community to support individuals and families who are within and around this age group. Information about events, funding and support can be found at www.quaker.org.uk/youngadults.



Opening the door to talking about mental health workshop

A half-day workshop for anyone who is part of the Quaker community. Participants will learn about mental health and distress in a Quaker context. Request a workshop by filling in the online booking form at <https://forms.quaker.org.uk/opening-the-door>.





Kindlers / Quaker Quest / Experiment with Light



Kindlers, Quaker

Quest and Experiment with Light are all Quaker groups that work with Friends and meetings to deepen and nourish the life and worship of Quaker communities and help seekers and enquirers to discover more about the Quaker way. Find out more about their work at:

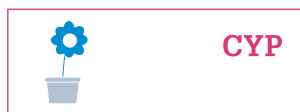
<https://thekindlers.webs.com>

www.quakerquest.org

www.experiment-with-light.org.uk



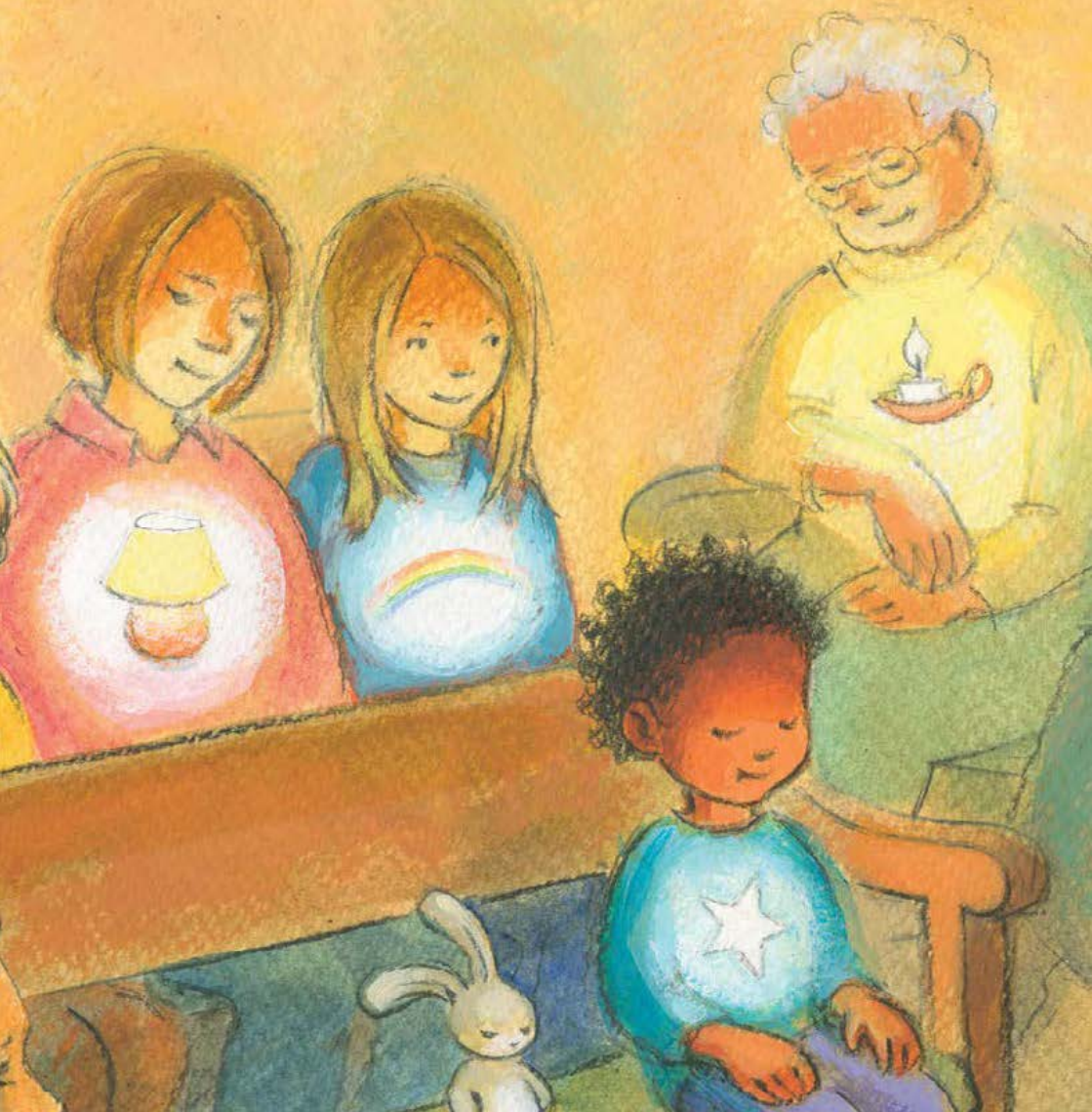
Advocates for children & young people's work



These are Friends appointed by area

meetings to be advocates for the children and young people's work that goes on in local meetings. The role encourages awareness and supports the needs of children and young people in local and area meetings. Advocates are responsible to the area meeting that appointed them but often develop links with neighbouring meetings.

There is guidance for people in this role and for area meetings. A conference is held every 18 months: this is a chance for advocates to become more familiar with their role and to forge links with other advocates.



Produced in February 2020 by Quaker Life.
Most of the resources listed in this catalogue are available online.
Go to www.quaker.org.uk/cyp or www.quaker.org.uk/free-resources.

www.quaker.org.uk