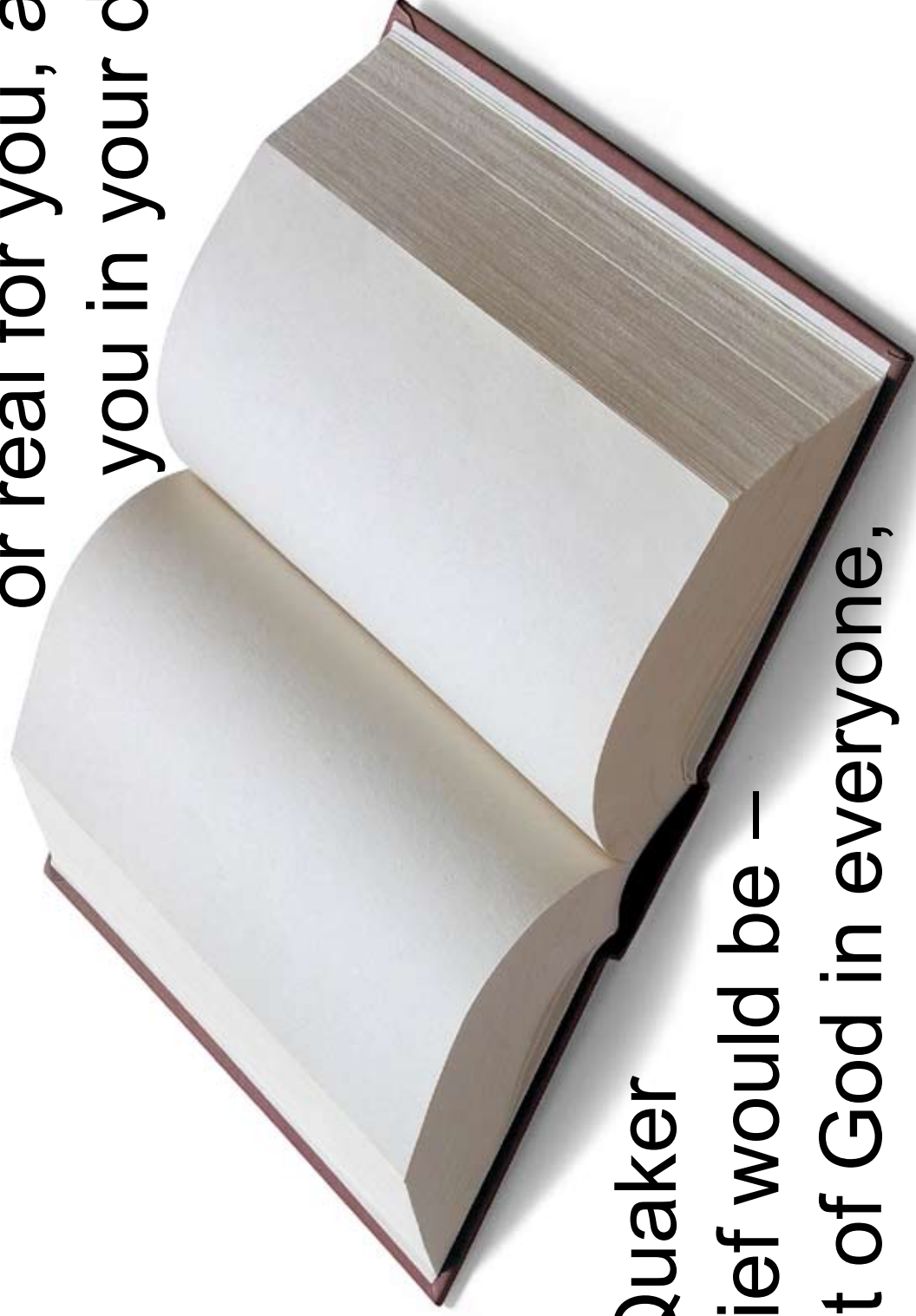


Value: A standard or moral principle by which you strive to live. Quaker values might be living simply, pacifism or equality.

Belief: Something that is true
or real for you, and guides
you in your daily living.



A Quaker
belief would be –
that of God in everyone,
the importance of silent worship.



**All Faiths are based
on particular beliefs
that help develop
certain values that
become our guidelines
for daily living.**