

Let's explore
the Quaker way



Rebecca Price

Truth, Peace, Simplicity and Equality are values we can all try to live up to in our daily lives. They encourage and challenge us in the choices and decisions we make. For Quakers, these values are especially important. This book explores these values; it is a starting point for conversations with children, the first steps in learning to live well in a challenging world...

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Written and illustrated by Rebecca Price

Thanks
To Linda Murgatroyd and Mary Penny
for all their feedback and advice



Quakers believe there is God in everyone.

We think of this as a light shining inside us.

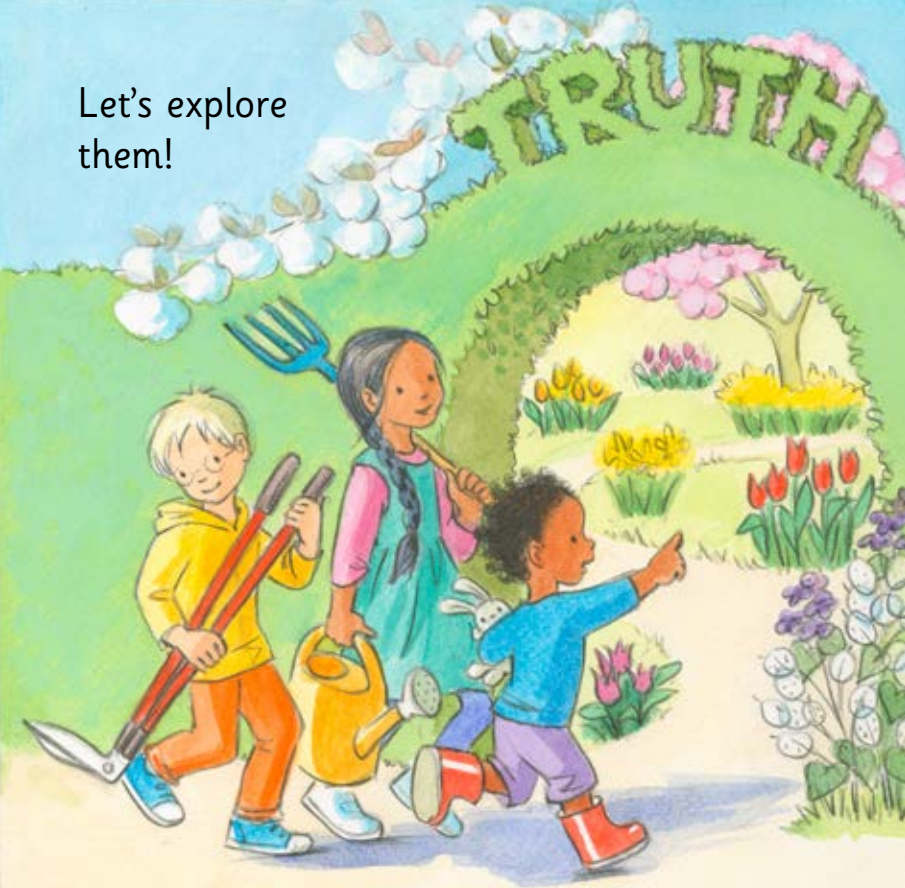


The light shows us things that are important.



We call these testimonies.

Let's explore
them!



Sometimes we
make mistakes...





and then we are too
scared to tell the truth.

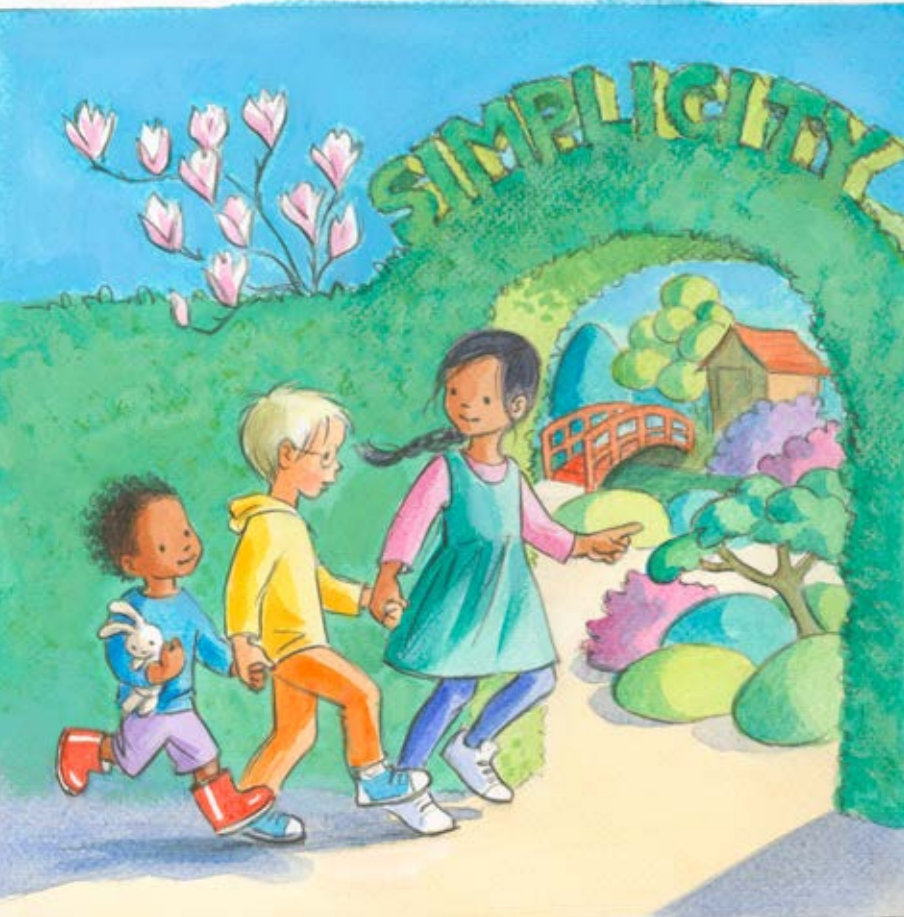


But things are always better when we do.



When we are truthful, other people will trust us.



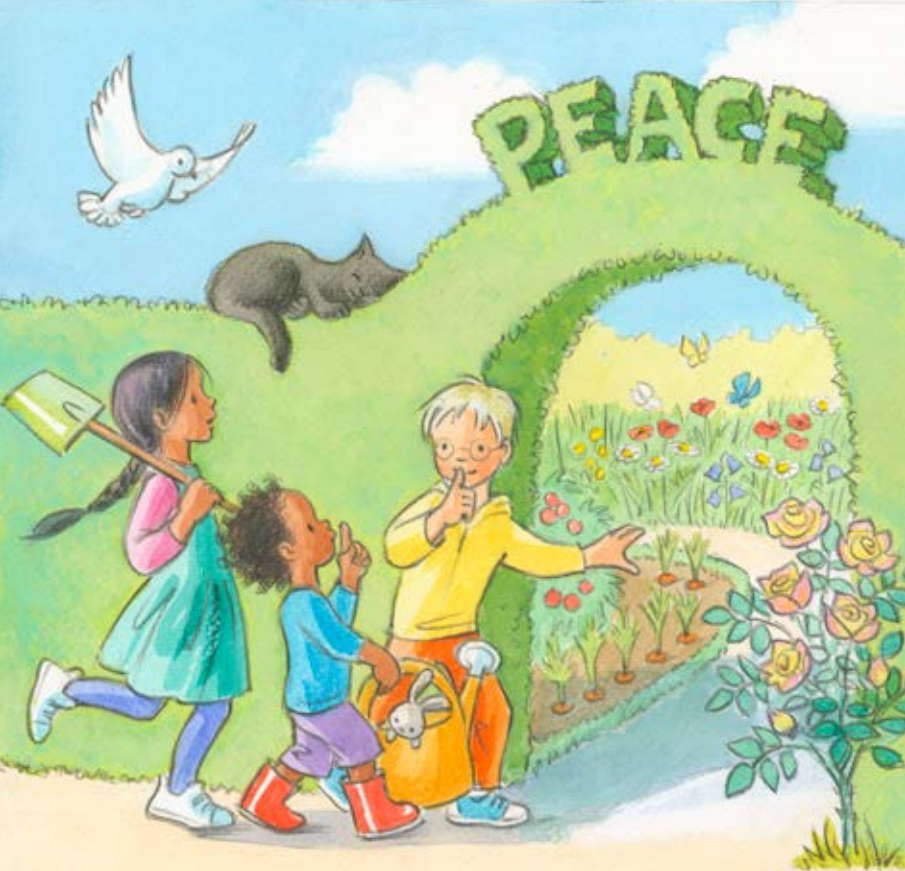


Sometimes we get jealous when our friends have more than us.



But often the simplest things are the most fun.





Sometimes we fight.

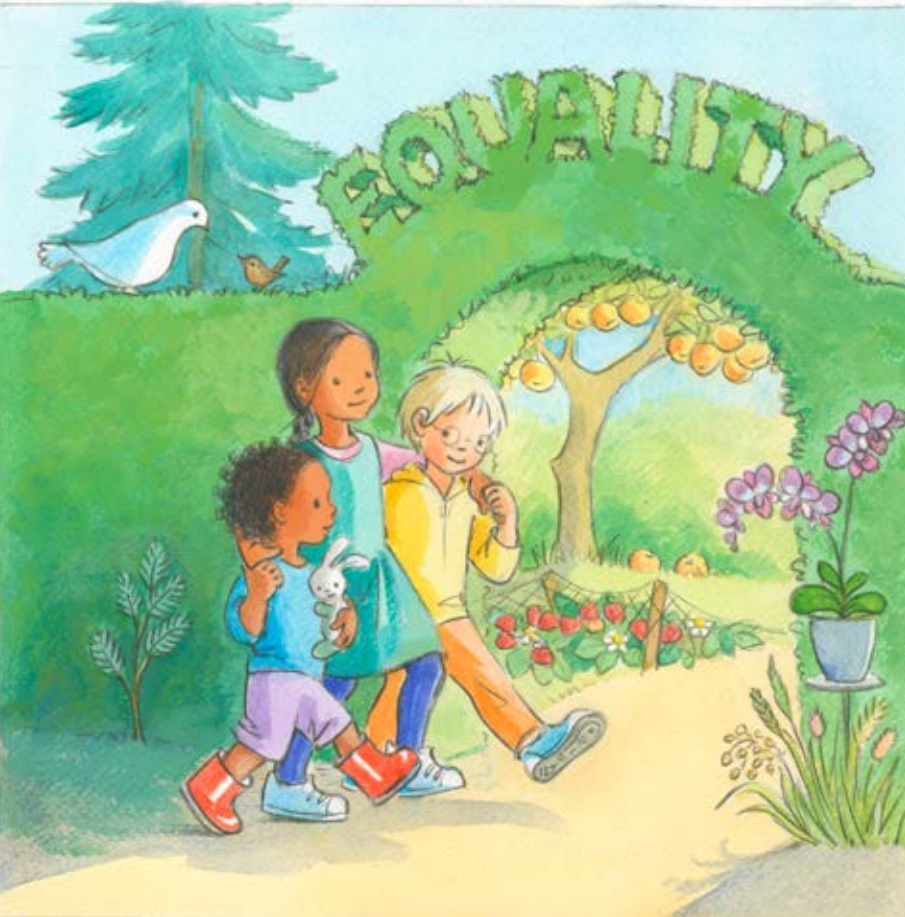
But if we sit quietly, we feel peaceful inside.
Then we can hear what the light is telling us.



Listening to
others helps us to
understand them.



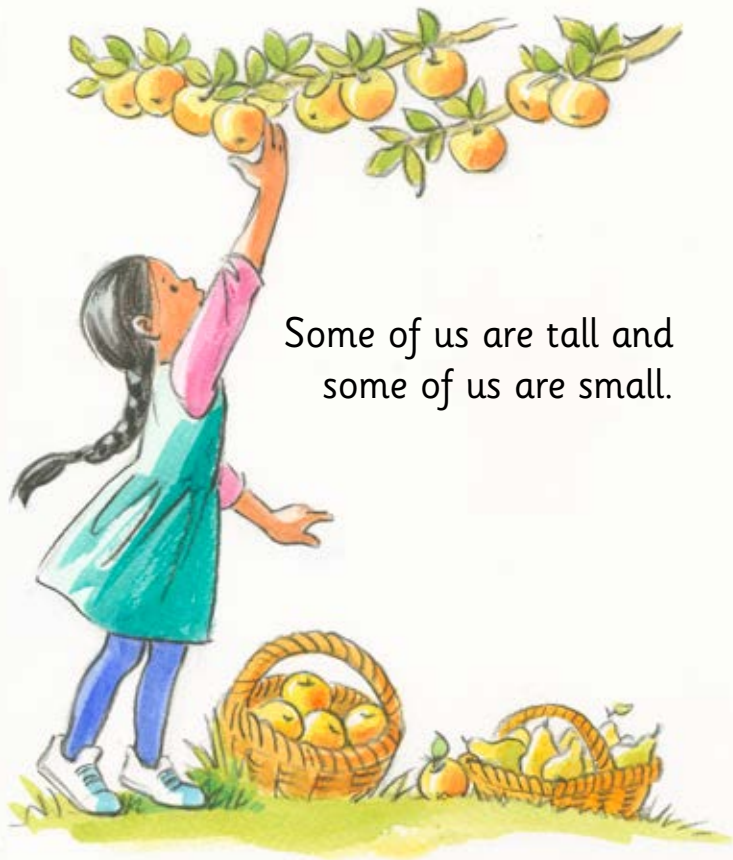
It's more fun to work together and look after each other.



Some things are more beautiful than others.

But everything is precious.





Some of us are tall and
some of us are small.

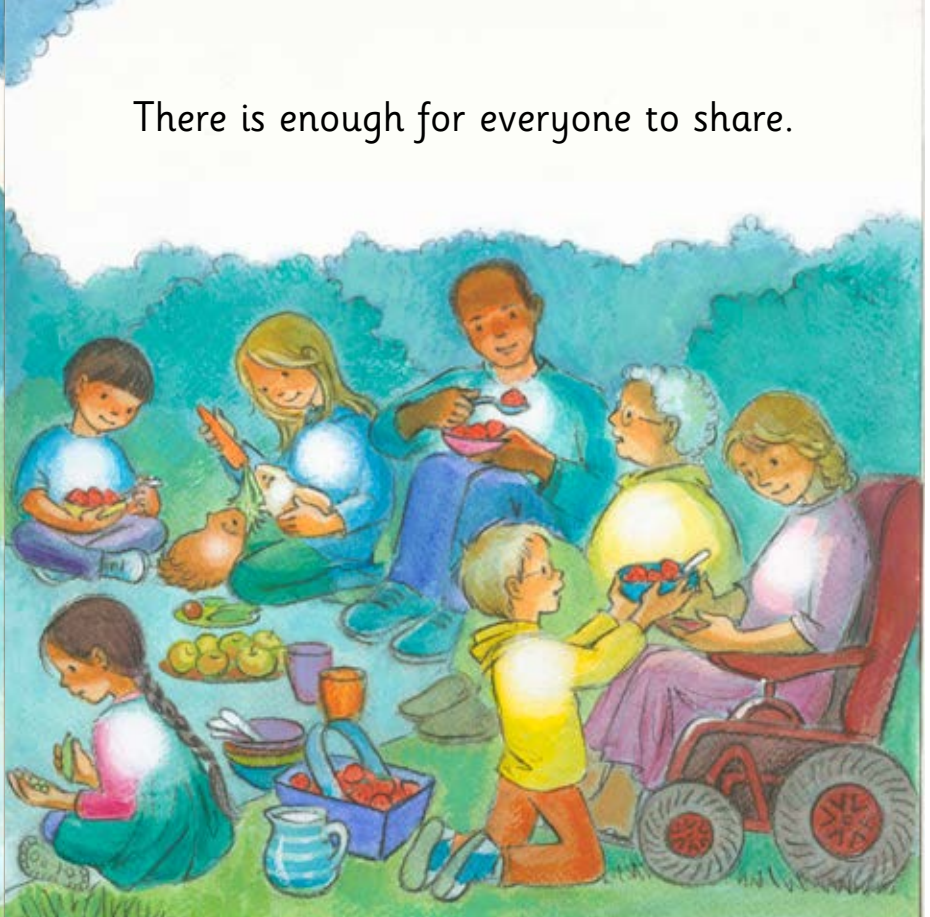


But we all have our special gifts to bring.





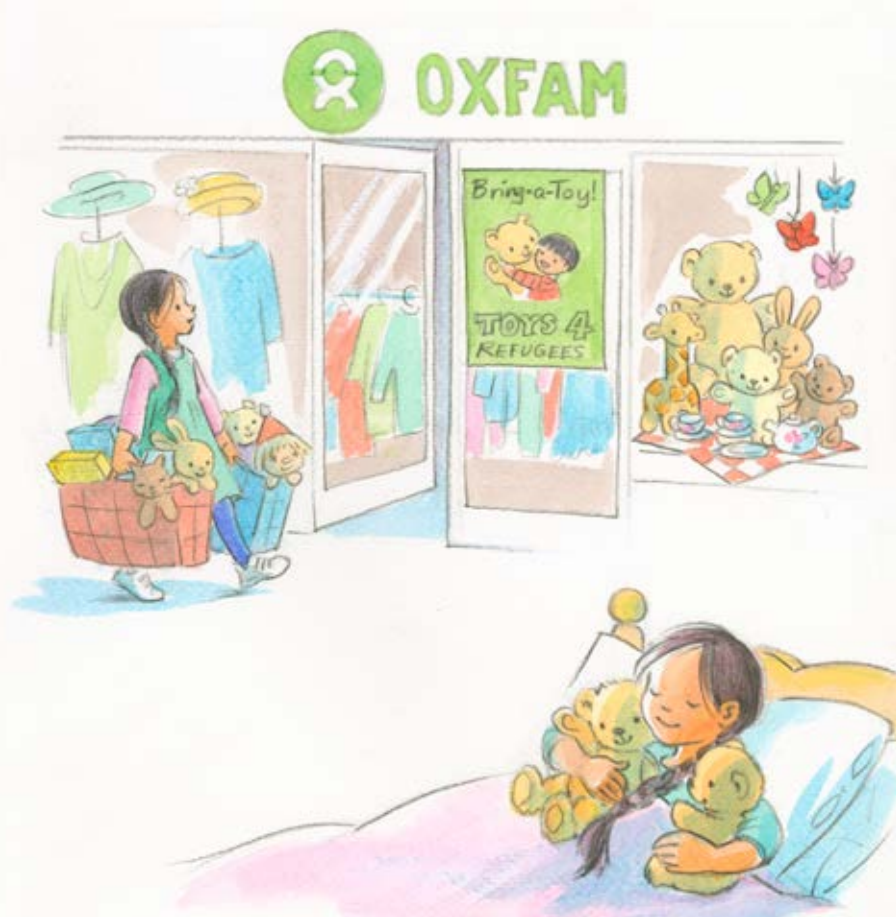
There is enough for everyone to share.



When we go out into the world, how can we use what we've learned?



Here are some picture stories about peace, truth, equality and simplicity. Can you tell which is which?











“Walk cheerfully over the world,
answering that of God in every one”

George Fox, 1656

The children and young people’s work staff team in Quaker Life also produces a catalogue of ideas, activities and resources. It is available to meetings and gives details of free resources, training for individuals or meetings, support for those doing work with children and young people, and the range of events that take place for children and young people.

To order this catalogue please call 020 7663 1013 or download it at www.quaker.org.uk/cyp-all-ages.

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