



Upcoming Courses

Mental Health in Our Meetings

Friday 18 November 2016 - Sunday 20 November 2016

We need good ways of responding in meetings to Friends experiencing mental illness or distress. This course will look at the experience of mental ill health, situations which arise and ways to respond. We will consider how to keep an open and supportive meeting environment. How do we handle our fears and balance the needs of the individual and the wider meeting? While we welcome people with direct experience of mental illness, the course is not suitable for those currently experiencing distress.

Please book online or fill out a booking form via www.bit.ly/wbform1 Alternatively call us on 0121 472 5171

How can I be a conscientious objector today?

Friday 25 November 2016 - Sunday 27 November 2016

A century after World War One, we are no longer conscripted to fight. Instead, our taxes are conscripted to fund war and our minds conscripted to a militarist mindset. This is a chance to learn from our predecessors a century ago and explore how we can resist warfare today. Through sharing ideas and learning from each other, we will identify ways to be "conscientious objectors" to militarism in our everyday lives.

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Testimony: Fruit of the Spirit

Friday 2 December 2016 - Sunday 4 December 2016

As we are transformed in worship, our lives can transform the world. Our lives bear witness to our religious experience and understanding of what it means to be a Quaker. This course will explore Testimony; we will consider a biblical basis, our understanding of Testimony over the last 60 years and how we live as a Quaker in the world today. We will use a mixture of input activities which will include a session using art materials as well as time in groups and in personal reflection.

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Upcoming Courses

The Seasons of my Friendship: a retreat for seasoned Friends

Monday 12 December 2016 - Thursday 15 December 2016

A retreat for Friends who are actively serving in their meetings and feel the need to reconnect with God to rediscover what brought them to Quakers. We will explore themes of seasons and transitions. There will be a balance of spoken and silent fellowship. This is an opportunity for introspection, inspiration and re-orientation. It is time to explore deeper spiritual issues around service to Quaker meetings and to find ways for continuing nurture and nourishment.

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Clearing the Way

Wednesday 4 January 2017 - Friday 6 January 2017

The New Year is a good time to reflect on who we are, what we feel called to do, and what gets in the way. We will explore the nature of the clutter that distracts from our life's purpose and consider how to create space in our minds and hearts as well as in our living rooms.

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The Great Belonging: the way of evolutionary activism

Friday 20 January 2017 - Sunday 22 January 2017

Sensing the tremors as old structures and certainties collapse, we walk deeper into a period of unimaginable transformation, filled with pain and possibility. Embracing the chaos of that moment we ask what is called for now? How do we grow into the spiritual imperative to become a human presence on the planet that is life-affirming and at home with the great community of life on Earth? What would the way of evolutionary activism look like in our own lives?

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