



## Applications now open for Young Adult Leadership Programme

*Three residential - June/July 2017 | February 2018 | July 2018*

Woodbrooke's year-long Leadership Programme for Young Adult Friends (YAFs) is a fantastic opportunity for YAFs to strengthen their knowledge of the Quaker faith and its history and develop many practical skills to help them in the workplace and in their day to day lives.

To find out more visit [www.woodbrooke.org.uk/youngadults](http://www.woodbrooke.org.uk/youngadults)

## Martin Luther: prayer and protest

*Monday 26 June 2017 - Wednesday 28 June 2017*

In 1517, Martin Luther wrote the 95 Theses, protesting against what he saw as the abuses of the Medieval Catholic Church. 500 years later, this course will give you the opportunity to explore that protest. We will invite you into his world and ask what the Christian life looked like before Luther sprang to fame; we will examine what was he protesting about and why it mattered so and we will see how Luther shaped the spirituality of his followers.

Please book online or fill out a booking form via [www.bit.ly/wbform1](http://www.bit.ly/wbform1) Alternatively call us on 0121 472 5171

## Practice and Presence: Experiencing flow, clarity and spaciousness

*Monday 26 June 2017 - Thursday 29 June 2017*

We will come together to explore and experience spiritual practices and ways of being present from a variety of different faith traditions; particularly those that encourage and allow us to connect more deeply with 'that of God within'. We will be offered the opportunity to challenge ourselves, and to try something new in the safe space that is Woodbrooke. There will be opportunities for personal space, group sharing and the freedom to go where each one of us is led.

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Woodbrooke, 1046 Bristol Road, Birmingham, B29 6LJ

[www.woodbrooke.org.uk](http://www.woodbrooke.org.uk) | [enquiries@woodbrooke.org.uk](mailto:enquiries@woodbrooke.org.uk) | 0121 472 5171

Keep up-to-date: @WoodbrookeUK   



## **Dementia and the senses**

*Friday 18 August 2017 - Sunday 20 August 2017*

We will explore our senses as a means to connecting with and supporting someone with dementia. Words tend to be thought of as the units of meaning, but we are sensory communicators too. Learn what sorts of sensory experiences are most likely to engage a person with dementia, and how to craft these into supportive resources. Find out how dementia affects the senses and communication. You'll have time to explore your sensory selves, discovering what sensory experiences resonate with you.

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## **Re-finding the Quality of Eternity: Jung and Shamanism**

*Friday 18 August 2017 - Monday 21 August 2017*

Jung said we have lost the quality of eternity so characteristic of indigenous societies, barricading ourselves behind walls of rationality. This course explores his interest in shamanism including the wounded healer, shamanic ways of working and his interest in indigenous societies in general. His work is also elaborated through contemporary shamanic perspectives. Through input, experiential work and enactment of a Celtic legendary tale, we dig up images from the unconscious that connect us again to the nature in us.

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## **Adventurous disability equality**

*Monday 21 August 2017 - Thursday 24 August 2017*

This training supports participants to further disability equality in their personal lives and communities. It links key ideas of the disability rights movement to Quaker ideas and spirituality. The history and ideas of the Disabled People's Movement are little-known, and recent political developments make their justice implications particularly pressing, particularly to Quakers and others who value equality. Differing levels of experience of Quakerism and disability rights will be catered for.

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