**Quaker Life Representative Council (QLRC)**

**Suggestions for what and how to report back to area and local meetings:**

1. Consider choosing one thing you were inspired by when reporting back to convey something of your experience and the energy it engendered.
2. Try an experiential report, perhaps using an exercise or idea from the weekend.
3. Consult with your area meeting clerk about reporting back and engaging Friends with the Representative Council themes, your experience of and learning from the weekend.
4. Write for your local or area newsletter about your experience of the weekend.
5. Share information about the work of Quaker Life.
6. Give something of yourself; encourage a sense of shared joy and responsibility/transparency; start from what Friends want or need to know.
7. Use the Quaker Life Rep Council e-group (quaker-life-reps@lists.quaker.eu.org) to share ideas on how to report back, and also what worked well and what didn’t – it’s all learning!
8. Think about the theme – who is/are the people in my area meeting who would be most interested in this? Or need to know more about this? Get in touch with them, maybe for a chat over coffee?
9. Involve your Quaker Life deputy in ideas of how to share the information.
10. Share something of what makes Rep Council special for you – how could that (e.g., sense of community) be nurtured back in your local and area meeting?