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The edition(s) you wish to subscribe to:

Children's (use with 5-12 year olds)
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The contact details as supplied by all Journeys in the Spirit subscribers will be held on the Britain Yearly Meeting database.

Please send this information:

By post to: CYP Administrator, Quaker Life, Friends House, 173 Euston Road, London, NW1 2BJ, phone 020 7663 1013, email cypadmin@quaker.org.uk or fill in an online form at:

www.quaker.org.uk/subscribing-journeys-spirit-children

What Friends say about Journeys in the Spirit:

'We use them to plan every session with both the younger and older ones, and as far as I'm concerned personally, it takes the fear out of spending an hour with the children. It enables me to actively enjoy the time and feel that we have done (or discussed) something in a way that they have enjoyed but has also been useful.'

'Very many thanks for the recent newsletters and copies of 'Journeys in the Spirit'. It makes life so much easier when the planning is done for you. Also - it helps you to know that you are on track with what is expected with regard to children's activities. Thank you as well for all the different formats on the computer and for sending a printed copy.'



Yearly Meeting of the Religious Society of Friends in Britain

Friends House, 173 Euston Road, London NW1 2BJ
Telephone 020 7663 1013 or cypadmin@quaker.org.uk
www.quaker.org.uk/cyp Produced January 2017



Journeys in the Spirit children's work edition



Materials to help children develop their own experience, understanding and practice of Quakerism

What is Journeys in the Spirit?

Journeys in the Spirit, children's work edition, is a resource providing materials for adult Quakers working with children aged 5 to 12 in Quaker Meetings, all age events, residential gatherings and camps. It comes out every month and is free by subscription.

- It offers thought out activities and approaches as a springboard for ideas that will stimulate the children and the adults working with them.
- Underpinning the activities and approaches is the idea that there are four directions to our spiritual journey: Inwards to ourselves; outwards to others; upwards (or even further inwards) towards the deeper mystery; downwards to the world we live in.
- *Journeys in the Spirit* is published in two formats – each on alternate months.

One month the issue is on a theme with an easy to use structure set out in a four page booklet that always includes the same elements: Getting ready; Gathering; Engaging; Responding; Reflecting. These are all explained more in a *How to use guide* sent to all new subscribers.

The alternate month the issue is a topical activity. This is about something in the news or of seasonal interest and includes activities and ideas about ways to help children think about and respond to the issues raised.

What does it include?

The theme based issue has enough ideas and activities for several sessions and can be extended by using the online material on the *Journeys in the Spirit* web pages. These online pages include:

- Additional resources sheets – for each issue such as pictures, templates or scripts.
- More resources and links – to help with the theme and topic.
- An easy to use plan – an outline for a Children's Meeting based on the content of the issue.
- An all age worship plan – an outline for an all age Meeting for Worship linked to the theme of the issue.

The topical activity issue is up to four pages with enough activities for at least two sessions with children.

Online there is also:

- A catalogue of previous issues – back to January 2007.
- Links to special issues about: Quakers and the abolition of the slave trade; outreach to schools; working with 0 - 4s; World War I; Quaker worship.
- A link to the youth work edition of *Journeys in the Spirit*.

All of the online material is in one place and easy to access at:

www.quaker.org.uk/journeyschildren

How do I subscribe?

A subscription is free

Each issue comes out on the first of the month (or the subsequent Monday if this falls on a weekend).

Subscribers receive a Quaker children's work news update each month together with the latest issue of *Journeys in the Spirit* children's work edition.

If you wish to unsubscribe you simply request this and the subscription is stopped.

When you subscribe to the *Journeys in the Spirit* children's work edition, you can choose to be posted a paper copy, be emailed a link to an online copy or to have both.



A subscription form is overleaf