

Experiment with Light Opportunities in 2017



The "Experiment with Light" is a Quaker discipline that helps people deepen their spiritual lives by trying out what it means to "wait in the Light" as early Quakers did.

www.experiment-with-light.org.uk

There are three venues for a weekend introduction to the practice. These allow time to understand the Quaker roots of the practice, to try it for ourselves and to then reflect on our experience in a retreat-like time of quiet. Each is led by a team of experienced facilitators.

There is also a three-day retreat to deepen the practice.

Introductions to the Practice:

Woodbrooke Quaker Study Centre

Birmingham B29 6LJ Tel: 0121 472 5171 **Friday 10 – Sunday 12 February 2017** with Diana Lampen and Susie Tombs www.woodbrooke.org.uk/courses



Claridge House

Dormans Road, Lingfield, Surrey RH7 6QH Tel: 01342 832 150 **Friday 5 – Sunday 7 May 2017** with Angela Greenwood and Caroline Kennedy www.claridgehousequaker.org.uk

Glenthorne Quaker Centre

Easedale Road, Grasmere, Cumbria LA22 9QH Tel: 015394 35389 Wednesday 20 – Friday 22 September 2017 with Diana and John Lampen www.glenthorne.org

Other residential events:

Experiment with Light: Deepening the practice retreat

Swarthmoor Hall, Cumbria LA12 0JQ Tel: 01229 583 204

Friday 23 – 26 Monday June 2017



with Andrea Freeman, Helen Meads and Margaret Roy www.woodbrooke.org.uk/courses

Quiet Days at Woodbrooke

These are mid-week 24 hour retreats, involving a one-night stay at Woodbrooke. A chance to wait in the Light with others, led by Susie Tombs and Barbara Childs, experienced leaders in this Quaker practice. Please contact the email: <u>experimentwithlight@gmail.com</u> or ring 07967111338 to confirm dates or make enquiries.

Other opportunities:

If a Local or Area Meeting would like a talk, a day retreat, or introductory event please contact the Experiment with Light Network to make an arrangement to suit you.

If an established Light group would like to arrange a day or weekend retreat based on the Experiment with Light practice, again, please contact the Network.

Contact details:

experimentwithlight@gmail.com www.experiment-with-light.org.uk **Day workshops** with Meetings or other groups are held around the country. This allows a chance to understand and try out the practice. These have been organised for many years now for many local Meetings by experienced facilitators. The expenses (travel and photocopying) of the workshop leaders are the only costs charged to the Meeting. To arrange a workshop, contact the EwL Network at this email to book dates and facilitators to help you. Email: experimentwithlight@gmail.com

Information

Further information is available from the website www.experiment-with-light.org.uk



A quarterly newsletter is also available – see website to download back copies or email us for subscription details.

'For the first step to peace is to stand still in the Light.' *George Fox*