

Books of the Month

February 2019



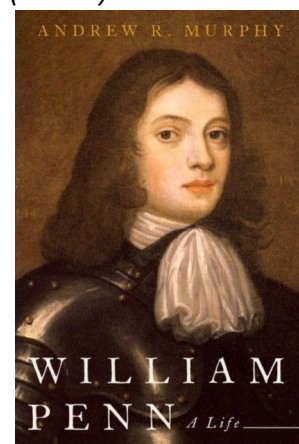
HOW WE WIN: A Guide to Nonviolent Direct Action and Campaigning **George Lakey £14.99**

A lifetime of activist experience informs this playbook for building and conducting nonviolent direct action campaigns. American Quaker George Lakey has been on the front lines of social change for decades. Now, in this down-to-earth guide, he passes the torch to a new generation of activists hitting the streets, looking to campaigns across the world to help us see what has worked and what hasn't: from choosing the right target, to designing a creative campaign; from avoiding burnout within your group, to building a movement of movements to achieve real progressive victories. Drawing on the experiences of a diverse set of change-makers, George shows us the way to justice, peace and a sustainable economy.

Special Offer: George Lakey's 'Viking Economics' half price (£6.99) with this book

WILLIAM PENN: A Life **Andrew Murphy £25**

In the first major biography of William Penn in over 40 years, Andrew Murphy examines his prominent public career as a Quaker spokesman, political agitator and royal courtier. At the height of his influence, Penn was a close ally of King James II. At his lowest point, he found himself jailed on suspicion of treason, and later served time in debtor's prison. In America, his 'Holy Experiment' of Pennsylvania would be a haven for those fleeing persecution in an increasingly intolerant England and across Europe. Yet as a slave owner, and in some of his dealings with tribal nations of the United States, Penn's actions contradicted his Quakerly commitment to equality and justice. A timely and fascinating biography.

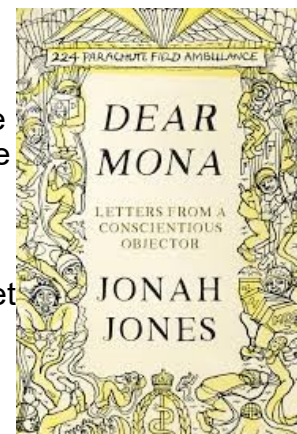


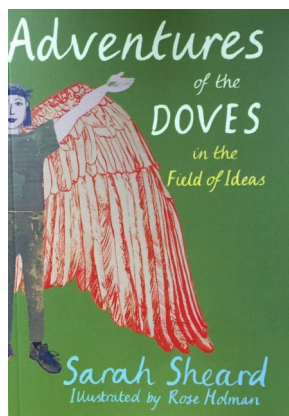
SLAY IN YOUR LANE: The Black Girl Bible **Yemi Adegoke & Elizabeth Uviebinené £16.99**

The long-awaited guide to life for a generation of black British women inspired to make lemonade out of lemons, and find success in every area of their lives. *'Black women today are well past making waves – we're currently creating something of a tsunami. Women who look like us, grew up in similar places to us, talk like us, are shaping almost every sector of society.'* From education to work to dating, this inspirational, honest and provocative book recognises and celebrates the strides black women have already made, while providing practical advice for those who want to do the same and forge a better, visible future.

DEAR MONA: Letters from a Conscientious Objector **Jonah Jones £19.99**

Artist Jonah Jones records here in his own words not just the story of his early life and his relationship with Mona Lovell, but also that of the Second World War. Like a number of conscientious objectors Jonah became a non-arms bearing medic, and took part in the liberation of the Belsen concentration camp. After the war he was posted to Palestine, where he observed the issues surrounding the establishment of Israel. It was in Haifa that, much to Mona Lovell's dismay, he met and married another woman – Judith Grossman – with whom he returned to Britain to set up as an artist. *Dear Mona* is a remarkable, immediate account: personal, intimate and yet also history, played out before his eyes.





Adventures of the Doves in the Field of Ideas

Sarah Sheard £9.99

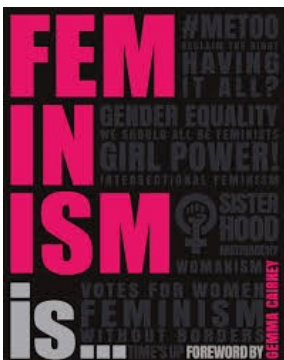
An adventure story with an ecological, philosophical and spiritual message that highlights our need to adopt a more sustainable lifestyle.

Daisy, Ella, Vincent and Oscar are 11 years old and during their summer holiday they get together to build an allotment shed. They soon become involved in a secret mission to help save the honeybees. On their journey they meet 102 year old Mrs Woodcock, Itsuro, a Buddhist monk, a wise woman called Jay and Professor Ezra who all share the same spiritual message: when humans pursue money at the expense of destroying the balance of nature, we in turn risk losing our compassion for the weak and the vulnerable.

INVISIBLE BRITAIN: Portraits of Hope and Resilience

Paul Sng £20

Invisible Britain: Portraits of Hope and Resilience reveals untold stories from people who have been left out of the media narrative and left behind by government policy. Featuring new work from award-winning and accomplished documentary photographers (including Jenny Lewis, Jo Metson Scott, Laura Pannack and Jon Tonks), the book presents people speaking in their own words to create a narrative that illustrates how an unprecedented world of austerity, deindustrialisation and social upheaval is affecting us all. With a foreword by actor and activist Michael Sheen.



FEMINISM IS...

Gemma Cairney £9.99

A lively and accessible book for teens on the history, pioneers, theories, questions, arguments and daily reality of feminism today. Find out what equality for women really means, get a short history of feminism and take a look at the issues that affect women at work, in the home and around sex and identity. Meet some great women such as Frida Kahlo, Gloria Steinem and Malala Yousafzai who refused to accept the status quo of their day and blazed a trail for others to follow. Combining insightful text with graphic illustrations, this book asks and answers questions in an informative and thought-provoking way.

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	Orders between £20 - £40 £4.20 delivery	Orders between £40 - £75 £6.50 delivery	Orders above £75 £10.50	
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