Books of the Month February 2018





NOTHING MORE AND NOTHING LESS: a Lent course based on the film *I, Daniel Blake* Virginia Moffatt £6.99

This is a new and original Lent course which uses the powerful film *I*, *Daniel Blake* as an opportunity for us to question why so many people in our society are suffering, what causes injustice and oppression – looking at examples from Jesus' time as well as today – and what we can do in response. Each of the five weekly sessions, ranging from compassion to resistance, includes suggested clips from the film, reflection points and discussion starters, a suitable Bible reading and prayers and suggestions for ways in which course members could make a positive practical response to the injustices we see in our society today.

LISTENING TO A POGROM ON THE RADIO Michael Rosen £8.95

'Poetry can stick up for the weak', according to Michael Rosen, or it can 'mock the mighty'; it can 'glorify our rulers or it can dissect them. You choose.' In these powerful new poems, his first for adults since *Don't Mention the Children* (2015) Rosen is clear about his own choices. This is a book about anti-Semitism, racism, Fascism and war, Trump, le Pen and the Tory assaults on the NHS and

education – the stupid and the sinister, the ridiculous and the revolting. Few poets writing today can move so effortlessly between the voice of seriousness and the voice of the child in the fairy story asking why the emperor is wearing no clothes.





FAT GAY VEGAN Sean O'Callaghan £8.99

Veganism is everywhere. But for a word that's grown so popular, what does being vegan actually mean? A no-nonsense voice that cuts through the fuss and the fads, Sean O'Callaghan explains the politics of veganism beyond the plate and why we should all aim to live a little more compassionately. So if you want to know more about the arguments for veganism, the myths around the movement – and the junk food you're still allowed to eat – Sean is here to pat you on the back, provide some top-notch recipes and tell you a bit more of the story...

WHEN WE SPEAK OF NOTHING Olumide Popoola £9.99

Best mates Karl and Abu are both 17 and live near King's Cross. It's 2011 and racial tensions are set to explode across London. Abu is infatuated with gorgeous classmate Nalini but dares not speak to her. Meanwhile, Karl is the target of the local thugs just for being different. When Karl finds out his father lives in Nigeria, he sets out on a journey to connect with a Dad he's never known. Rejected on arrival, he befriends activist Nakale and falls headlong for her feisty cousin, Janoma. But then, as full-scale riots erupt in London, Abu finds himself caught up in the midst, leading to a tragedy that forces Karl to race back home... This acclaimed new novel captures what it means to be young, black and queer.



When We Speak of Nothing Olumide Popoola



THE ART OF LIVING Thich Nhat Hanh £12.99

How should we live? In troubled times, there is an urgency to understand ourselves and the world. Thich Nhat Hanh, the world's most renowned Zen master, presents seven transformative meditations that open up new perspectives on our lives, our relationships and our interconnectedness with the world around us. He reveals an art of living in mindfulness that helps us answer life's deepest questions, experience the happiness and freedom we desire and face ageing and dying with curiosity and joy instead of fear. In timeless and inspiring prose, this is a unique blueprint for life.

AFTER EUROPE Ivan Krastev £15.99





WOMEN IN SCIENCE: 50 fearless pioneers who changed the world Rachel Ignotofsky £12.99

In this provocative book, Ivan Krastev reflects on the future of the European Union – and its potential lack of a future. With far-right nationalist parties on the rise across the continent and the UK planning for Brexit, the EU is in disarray and plaqued by doubts as never before. The only way to deal with the risk of

disintegration, Krastev maintains, is to recognise its roots in the refugee crisis, which has dramatically changed the nature of democratic politics across the

impulses that accompany them is the primary challenge facing Europe today.

continent. Responding to popular anxieties while tamping down on the reactionary

This gloriously illustrated celebration of 50 trailblazing women highlights the contributions of 50 incredible women to the fields of science, technology, engineering and maths, from the ancient to the modern world. The extraordinary women profiled include famous figures like Marie Curie, as well as lesser-known pioneers such as Alice Ball, the African-American chemist who cured leprosy. *Women in Science* celebrates the achievements of the intrepid women who have paved the way for the next generation of female engineers, biologists and more.

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